

# Movie Night!

Hosting movie and film nights is great because they're generally low-cost, don't require too much energy to plan, and the limited interpersonal interaction helps folks with social anxieties participate in the group activity.

\$\$\$---You can make it a fundraiser by selling bags of popcorn and other movie snacks!--\$\$\$

## Purpose:

Identifying the purpose of the film night helps you plan everything that happens before, during, and after the activity.

For example, if the purpose is to build community relationships by hosting a low-stakes opportunity for gathering folks in the same room, then you may want to pick a heart-warming or funny movie and offer time at the end for people to freely chat. If the purpose is to educate folks as part of Asexuality Awareness week, then you may want to pick a collection of short films and web series episodes, followed by a facilitated discussion on the material.

Put your purpose on any emails, flyers, or posters about the event so people know what to expect.

## Choosing material to show:

Movies are great, but the time and attention commitment might be too long for some folks. Consider showing a collection of Youtube videos, television episodes, web series, or vlogs. Just be sure to stick to **one** theme!

## Discussion?

Depending on your purpose, it's not always necessary to have a post-film discussion. It's often a good idea though especially, if the material resonates strongly with any issues your group members face on campus. **Be sure to prepare discussion questions beforehand**, otherwise it's hard to keep everyone on the same page when there are so many things people want to talk about.

## Accessibility:

Always turn on captions for video material. Watch parts of all your videos with captions before showing them to the group—sometimes the captions are very inaccurate! Captioned videos help include people with low-hearing, auditory processing issues, or difficulty paying attention.

**Snacks are always a plus! Be sure to include nut-free options for vegan and gluten-free folks.**

